

Farmington Public Schools hosts conversation to help grandparents learn developmental guideposts for today's kids - February 14

Farmington, Michigan—Grandparents are invited to join the conversation as Farmington Public Schools' psychologists Suzanne Unger and Michael Forster discuss key points of *Yardsticks*, a wonderful reference book by Chip Wood. With warmth and humor, *Yardsticks* offers clear descriptions of children's development from early childhood through the teenage years.

The discussion will mirror *Yardsticks'* user-friendly format, clear descriptions of each age, and easy-to-read charts, identifying developmental "guideposts" in areas of physical, social, language and cognitive growth. The conversation will be held Tuesday, February 14, from 6:30 to 7:30 p.m. at the Ten Mile Building, 32789 West Ten Mile, Farmington.

Grandparents will have the opportunity to meet other grandparents and learn more about:

- The struggles and successes of grandparenting.
- Receiving and providing support.
- Tips for coping with changing family dynamics.
- Gathering information about available community resources.
- Understanding effective ways to collaborate with schools and outside service systems.

For more information, please contact: MaryBeth SiKora, Parent Community Coordinator, 248.426.4876 or by e-mail at: marybeth.sikora@farmington.k12.mi.us or Lasenia Jones, Parent Community Coordinator, 248.426.2633 or e-mail at lasenia.jones@farmington.k12.mi.us.