

Harrison Team Handball Rules

- 9 players per team, 1 goalie, 4 offense, 4 defense.
- Players must stay on offensive or defensive side of court. Players crossing half-court will turn the ball to the other team.
- Players can dribble the ball for an unlimited amount of time and space on their end of the court. Once a player picks up the ball they have 3 seconds to pass the ball or shoot. Once a player picks up the ball they cannot resume dribbling. Violations will turn the ball to the other team.
- Defensive players may NOT knock the ball out of an offensive players hands. Defensive players may steal off the dribble or block a shot or pass. Violations will result in a 2 minute “time out”.
- Defensive players may NOT use physical force to impede an opponent. Violation will result in a 2 minute “time out” and a penalty shot (if occurring) in the offensive zone.
- Defensive/Offensive players are not allowed to restrain opponents in any manner. Violation will result in a 2 minute “time out” and a penalty shot (if occurring) in the offensive zone.
- When the a team gains possession of the ball they must make at least three passes before attempting to score.
- An offensive player may NOT score from within the arched area of the court.
- A score is worth 1 point.
- Reserves must stand or sit along side of the gymnasium (not the end).
- Reserves may NOT interfere with the game. Violation will result in penalty shot.
- There is NO out of bounds.